

# INT. JUDO TRAINING CAMP

Guest coach:

**Tommy  
Macias  
(SWE)**

Vice World champion

-73kg 2021

European Champion

-73kg 2019



Photo: Oliver Sellner

**Monday 2<sup>nd</sup> Jan 2023 –  
Thursday 5<sup>th</sup> Jan 2023**

The Judo Association of Upper Austria would like to invite you to the New Year's course in Linz.

This year's training will be led by guest coach Tommy Macias (SWE).

**Neujahrskurs Linz 2023**

- Accommodation: Linz, Jugendgästehaus d. Österr. Jugendherbergsverbandes  
4020 Linz, Stanglhofweg 3,  
Mobile: +43 732 / 66 44 34, Check-in: 7:00 am - 9:00 am
- The rooms must be vacated by 9:00 am on the day of departure.  
Otherwise, the costs incurred will be charged to the participant or the club.
- Duration: Monday the 2<sup>nd</sup> of January 2023- first training session at 10:00 a.m  
until Thursday the 5<sup>th</sup> of January 2023- after lunch
- Location: Olympic center, Auf der Gugl 30, 4020 Linz
- Training sessions: 9:30 am – 11:30 am, 4:00 pm– 6:00 pm
- Organization: Klaus-Peter Stollberg, Manfred Reisinger, Wolf-Dietrich Sejk,  
Helga Rusche
- Participants: Women and men U16 and U18
- Course fee: **Option A:** training camp, Euro 200,-- per participant  
(Full board, accommodation and training - no partial reimbursement of  
costs for late arrival or early departure.)
- Option B:** training only, Euro 120,-- per participant for all course days  
(full day, lunch included)
- Option C:** single training sessions, Euro 12,-- per session per  
participant  
(self-catering)
- Payment: upon arrival
- Registration: via e-mail to Wolf Sejk using the attached form no later than  
Wednesday the 21<sup>st</sup> of December 2022  
E-Mail: wolf.dietrich.sejk@liwest.at, Mobile +43 664 / 28 35 942
- Please report cancellations immediately!**  
We ask for timely registration as there is only a certain number of  
rooms/ beds.
- Covid: A negative Covid test result must be presented when checking in  
(antigen test no older than 24 hours or PCR test no older than 48  
hours).  
The rules will be adapted to the daily updated regulations.

The organizer assumes no liability for injuries, damage in the rooms, facilities and in the area  
of the entire hotel complex and the Olympic Center. The costs incurred will be passed on to  
the participant or the club.

# Neujahrskurs Linz 2023

# INT. JUDO TRAINING CAMP NEUJAHRSKURS 2023 LINZ

Monday the 2<sup>nd</sup> of January – Thursday the 5<sup>th</sup> of January 2023

Club:

Entry to Wolf Sejk by Wednesday the 21<sup>st</sup> of December 2022

E-Mail [wolf.dietrich.sejk@liwest.at](mailto:wolf.dietrich.sejk@liwest.at), Mobile: +43 664 / 28 35 942

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\* Please check

Signature: \_\_\_\_\_ Club stamp \_\_\_\_\_

**Sport** *ober*  
österreich